

# Fulbari Resource Centre *for Community Development in Nepal*



*“Stepping towards peace by breaking the cycle of violence”*

**For more information, please contact us.**

Contact Person: Ram Chandra Paudel ([rampokhara@yahoo.com](mailto:rampokhara@yahoo.com))

## **CHILDREN-Nepal**

PO Box 357, Pokhara, Nepal

Tel: +977 (0)61 461554 Fax: +977 (0)61 461575

Cell +977 9856024879

Email: [childrennepal95@gmail.com](mailto:childrennepal95@gmail.com)

Website: [www.children-nepal.net.np/fulbari](http://www.children-nepal.net.np/fulbari)

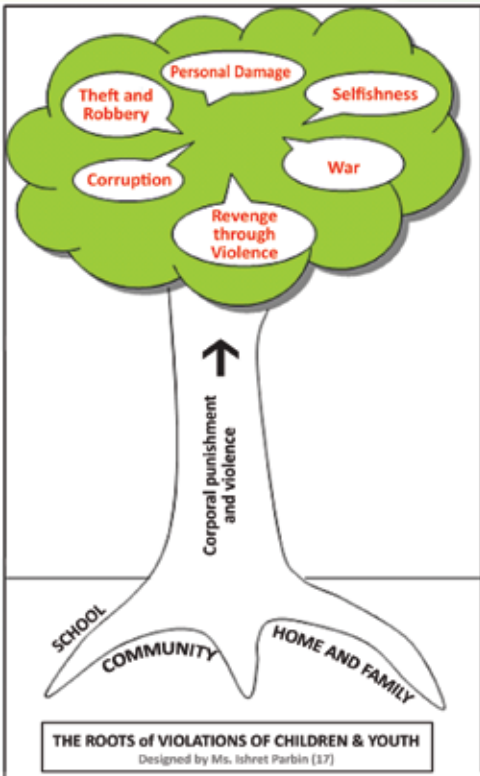


*“A society where children &  
youth enjoy their rights”*

## What is the Status of Children and Youth in Nepal?

Nepal is now in a transitional period following the people's revolution in 2006. The revolution has provided the opportunity for the rights of citizens of all communities, castes, groups and religions to be recognised. Unfortunately, progress towards improving the status of deprived children and youth is inhibited by the continued culture of mistreatment of children at home, school and in the community. This means that even though 84% of our nation's children are enrolled in schools, only about 50% of those make it past a 5th grade primary education. Adult literacy rates stand at a staggeringly low 63%. Given that over half of Nepal's population is under 18 years old you can see our imperative desire to forge a stronger foundation for Nepal's future generations.

Nepalese children also face numerous challenges that impede social development. Caste hierarchies and social status shun and discourage many children from a safe educational environment. Gender discrimination is prevalent, leaving young girls second-class citizens in their own country. Child abuse is pervasive in schools, homes and communities creating a vicious cycle which encourages violent adults.



Lack of inadequate information has also been recognized as a basic cause to the problems that Nepal is facing today. Meaning, that certain information and common knowledge about life is not being accessed by everyone. This creates a vicious cycle that needs to be broken; The Fulbari Resource Center (FRC) is part of this work. Providing information and education for “the poorest” creating a new future for the children and youth of Nepal.

## Why is the Resource Centre needed?

The Fulbari Resource Center (FRC) is being built to reach all those children and families who are in danger of falling in the notorious cracks of social exclusion. Whose only outlook is a life of neglect, hunger, drug abuse and other horrors that humans are able to afflict upon each other. The Fulbari Centre is conceived as a backstop a catch-up place where these children and families get an opportunity to catch up on missed learning and improve their educational attainment.

### Readiness and Capacity

Nepal's democratic process is in transition with the development of a new constitution. An interim constitution (2007) has promised the rights of children as Fundamental Rights but its implementation has yet to be realised. Parties from all sectors of society have been campaigning for their needs to be addressed. Policy makers and government officials are aware that alternative methods of education and new approaches are needed in order to make meaningful changes in the deep seated culture of deprivation of children's rights in Nepal.

CHILDREN-Nepal was founded in 1995 as the first child and family focused NGO in Nepal developing family profile of street and working children. We now support thousands of children and families in the Pokhara area through our child contact centre and fair-trade Suryamukhi handicraft production centre. In addition, we have developed and implemented numerous training programs including Career Counselling for youth (2012), Practical Peace Education (2011) and Psychosocial Counseling (2002). CHILDREN-Nepal has strong networks in the three target districts through our various support programs. With our experience from CHILDREN-Nepal we will offer high quality training sessions and workshops.



## Project Summary

<b>Project aim</b>	Increase levels of inclusion and positive engagement, and reduce levels of violence against children and youth in homes, schools and wider communities in Nepal
<b>Total duration of the project</b>	Short-term - 5 years (funding) Long-term - 20 years (years 4 to 20 through self-financing)
<b>Geographical focus</b>	Nepal – with a particular focus on three districts in the western development region: Kaski, Tanahun, and Parbat
<b>Objectives (Short term)</b>	<ul style="list-style-type: none"> <li>• Construction of the Fulbari Community Resource Center facility</li> <li>• Provide opportunities for children and youth to catch up on missed learning and improve their educational attainment</li> </ul>
<b>Objectives (Long Term)</b>	<ul style="list-style-type: none"> <li>• To improve the living condition of excluded children and their families.</li> <li>• To promote a more child friendly environment for children and youth in homes, schools and communities.</li> <li>• To reduce instances of violence against children and youth in homes, schools and communities</li> <li>• To show the government an alternative way of education that promotes a higher standard of living and wellbeing to all the people of Nepal.</li> <li>• To create a long-lasting impact on the society and in the future be a role model for the whole country of Nepal.</li> </ul>
<b>Target groups</b>	<ul style="list-style-type: none"> <li>• Children (aged 12 to18), young people (aged 18 to 24) and their families.</li> <li>• Social workers, head teachers and teachers.</li> </ul>
<b>Main activities (for 3 year funded period)</b>	<ul style="list-style-type: none"> <li>• Construction of the Fulbari training resource centre with three training halls, accommodation, open spaces, parking, kitchen facility and disabled access.</li> <li>• Provision of training resource centre equipment and materials.</li> <li>• Incorporation of environmentally sustainable features including the use of solar power, bio-gas, waste management and the organic fruit and vegetable garden. A showroom located in the entrance block will provide education on these environmental aspects for visitors.</li> <li>• Establishing a child protection and participation system in schools in the three target districts, with a focus on promoting alternatives to corporal punishment.</li> <li>• Establishment of a national network to end corporal punishment in schools which will be activated on the basis of membership.</li> <li>• Provide training workshops to fee-paying organisations to generate an income for further outreach activities.</li> </ul>
<b>Total budget for construction (5 years)</b>	<p><b>Nrs 144,600,212.00 (equivalent to Euro 1,314,547.00)</b> (Euro 1 = NRS 110)</p> <p>Looking for funding : <b>Nrs. 69,362,378.00 (equivalent to Euro 630,567.00)</b> - Self-financing: 12.45% of the total budget</p>

# Fulbari Resource Centre Facilities

## The location

The location for The Fulbari Resource Center (FRC) is situated 20km from Pokhara on a 1.5 hectare property. The natural and tranquil surroundings of the valley provide the ideal place for resolution and peaceful reflection. While its location is situated far away from day-to-day life, a main road connects the Fulbari Resource Centre site to Pokhara, providing easy commute from the city to our retreat.

## Functions

The Fulbari Resource Center (FRC) will provide many services to the community. Its functions will include residential accommodation, giving course participants time and space away from their everyday lives to focus on the workshops. The facility will provide a space for children, families and teachers to develop and grow through meetings, training and workshops. In addition, locally sourced nutritious and organic foods will be used thus generating revenue in the community. Through the continued involvement of CHILDREN-Nepal, we will be able to facilitate ways for the community to develop further innovative and creative ideas.

## Main functions of the centre include:

- Training workshop center
- Yoga and Meditation Hall
- Seminar Hall
- Meeting/sharing outreach workers/ community members
- Accommodation for 50 people
- Information center/Library
- Demonstration center (bio-gas, organic garden and solar power)
- Farm for organic vegetable, fruits, milk and herbs



## Eco-friendly aspects

- Food - promote local and organic food through traditional cooking methods
- Energy - increase use of biogas, solar energy, and natural light
- Waste management - organic waste will be used for compost and biogas; non-organic waste will be reduced, reused, and recycled.
- Construction materials - use of local resources as much as possible
- Construction - minimizes destruction of nature by construction small, decentralized housing.

*Building the facility in the site proposed not only creates a self-sustaining project with revenue for the CHILDREN-Nepal, but also brings it into the village settings, providing work for the underdeveloped community area.*



Annapurna South  
7,219 m →

Himchuli  
6,441 m ↓

Machhapuchhre  
3,700 m ↓



Temporary store  
and staff room

Multipurpose  
building area

Future extension

Office and  
handicapped  
building

Garden area



Location: 20 km North: West  
surrounded by fore



Base Camp  
m

Machhapuchhre  
6,993 m

Annapurna III  
7,555 m



Ornitory  
ding area

Future extension  
Guest/Teacher House

Drinking  
Water Supply

a  
Garden area  
Rough road

Access road  
Baglung Highway

from Pokhara, faced to mountains,  
st and connected with highway road.



## Courses & Workshops

Children Nepal has 17 years of experience working with children and their families in Nepal. During this time we have gained a lot of knowledge in the area and managed to develop several training courses and workshops.

We have also established a strong network within the community and are always striving to imply change on the root level.

Below is a list of some of the areas of courses and workshops that we offer. They range from about 1 day- 2 weeks for children/youth, parents, teachers and social activities:

**Career Development:** Goal setting, Career counseling, Leadership development, Business motivation Cooperatives business, Entrepreneurship development.

**Capacity building:** Social work approach, child friendly school policy development,

**Empowerment:** Psycho-social counseling, Self Help Groups, Forum Theater

**Peace Education:** Anger, stress management and expanding empathy and appreciative approach, development and peace, Yoga /meditation. Nonviolent social action



**Human rights:** human rights and social justice, children and women rights, gender and social inclusion, right based approaches

**Water and sanitation:** Water, sanitation and health, Use of Biogas, solar energy and natural light including waste management, Food and Nutrition Training

**Health:** Basic Hygiene, health care and Nutrition, Kitchen garden, fruits and herbs plantation, First Aid

**Disaster Management:** Disaster Risk Management (Relief, Recovery and Preparedness and Mitigation), District Disaster Risk Reduction (Preparedness and Mitigation)

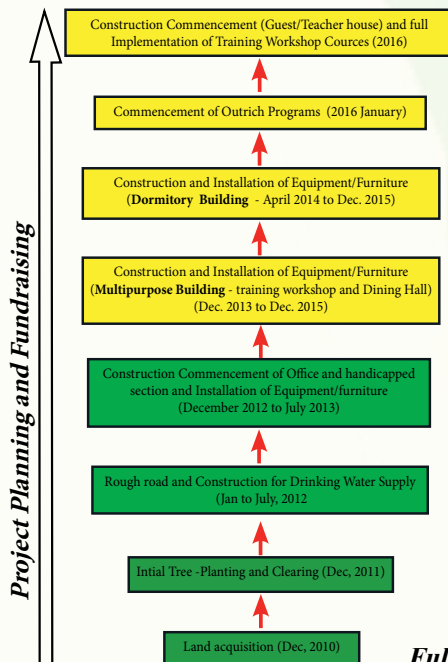
**Art:** Drawing and Arts, Folk Dance, Most Significant Story writing

*“...if a parent tries to understand his children he will not hide behind the attitude that **because I am your father you will obey me.....**” - Only Love, Sri Sri Daya Mata*



## Project Schedule

CHILDREN-Nepal has now achieved the first step in constructing the Fulbari Resource centre: we have acquired 1.5 hectares of land for the project site! We have also secured partial funding for a number of key aspects of the project. The schedule for the remainder of the project is as follows:



### Surrounding Land



**Fulbari Resource Centre -Under construction**

*"We should not wholly blame the teenagers for getting into the difficulties in which so many of them find themselves today. We should look to their parents, and the parents' parents and their teachers."  
- Only Love, Sri Sri Daya Mata*



## Extended Project Timeframe

0-5 years (Short-term) (2011 to 2016)	Construction of the facility, externally-funded first phase of social project.
3 years (Medium-term) (2016 to 2018)	Consolidation of self-sustaining facility and self-funding second phase of outreach programme.
8-20 years (Long-term) (2018-2038)	Continued operation of self-sustaining community facility, with policies and practices increasingly integrated into government systems.

## Funding Status (31st May 2013)

Project Fulbari's long term goal is self-sustainability, but we need your help to get there! Below is an outline showing as of 31st May 2013 what funds we have covered, and what funds are still required to make our dreams a reality.

APPLICATION	Budget (Nepali Rupees)	Equivalent to Euros (€)	Funding Status	
			Funding confirmed	Seeking Donors
Land acquisition	14,175,000.0	128,864.00	CN	
Rough Road to Multipurpose Building and Land Levelling	999,711.0	9,088.00	OMICRON Austria	
Gardening, Flowers	420,000.0	3,818.00	Helmut B.	
Drinking Water Supply	1,141,030.0	10,373.0	Rotary UK	
Office Building and Handicapped House	4,423,102.0	40,210.00	CN & OMICRON	
Rough Road to the top of the land & Land Levelling for all the construction site	300,000.0	2,727.00	CN	
Simple Fencing	500,000.0	4,545.00	CN	
Plantation area, Organic Vegetable, Fruit Garden	580,000.0	5,273.00	CN	
Cow Shed	57,125.00	519.00	CN	
Furniture and Equipment for Office and Handicapped Building	1,867,800.00	16,980.00	Rotary France	
Temporary Store room and toilet	396,585.00	3,605.00	OMICRON	
Workshop Equipment	550,000.00	5,000.00	EED	

Miscellaneous up to now (staff, transportation, office supplies, printing, design, senior expert, consultancy etc)	1,502,163.00	13,656.00	CN	
Construction of Multipurpose Building	16,606,346.00	150,967.00		
Furniture and Equipment for Multipurpose Building	1,365,100.00	12,410.00		
Construction of Dormitory	13,251,508.00	120,468.00		
Furniture and Equipment for Dormitory	1,603,300.00	14,575.00		
Bio Gas Plant (2)	268,146.00	2,438.00		
Solar Light, Computer and Water Heating	2,139,253.00	19,448.00		
Retaining walls	3,680,151.00	33,456.00		
Parking Facilities	560,918.00	5,099.00		
Walkways, Steps, Railing	615,480.00	5595.00		
Rain Water Collection (2)and Sewage Collection (3)	5,146,330.00	46,785.00		
Guard room & Gate	1,342,900.00	12,208.00		
Human Resources for three years				
Design and Engineering	150,000.00	1,364.00		
Site engineer and Monitoring	1,170,000.00	10,636.00		
Transportation	360,000.00	3,273.00		
Construction of Teacher/Guest Houses (3)	20,738,226.00	188,529.00		
Furniture and Equipment for Teacher /Guest House	364,720.00	3,316.00		
Social Project (Child friendly system development in schools)	48,325,318.00	439,321.00	AC International	
<b>Total (Funding Confirmed)</b>	<b>75,237,834.00</b>	<b>683980.00</b>	<b>(52.03%)</b>	
<b>Total (Looking for funding)</b>	<b>69,362,378.00</b>	<b>630,567.00</b>		<b>(47.96%)</b>
<b>Grand Total Budget</b>	<b>144,600,212.00</b>	<b>1,314,547.00</b>		

(1 Euro=110 Nepali Rupee)



## What can you do?

By establishing the Fulbari Resource Centre, and creating a self-sustaining foundation, we hope to create a lasting impact in our communities and beyond. Many of our supporters and donors have already funded and ensured funding for different components of the project.

However, funding this project is a heavy burden that we cannot manage by ourselves. We welcome the international community to join hands with us, to help us jump-start the momentum, so that our children will live in not just a safer local community, but an international community woven by like-minded people striving for peace and prosperity.

## How you can help:

- Volunteering – Assist us with your professional skills (e.g. construction, healthcare, education and workcamp)
- Donate
- Raise funds to support
- Become a partner for the project or aspects of the project
- Tell your friends, family and co-workers about CHILDREN-Nepal and the Fulbari Resource Centre Project



## What we can offer for you:

- Picturesque environment and facility for use for residential training programs or conference
- Opportunity for family, friends or colleagues to assist as volunteers with construction phase or outreach programs for this unique project and experience of Nepal

We hope that you too will join us in our endeavor. Thank you

